

Psychological wellbeing support for people affected by cancer

There is a range of support and information available for people affected by cancer and their supporters in Norfolk and Waveney. You are not alone.

The services below are free to use and are aimed at supporting your psychological wellbeing and can provide advice, help and guidance.

Cancer wellbeing and support walk-in centres

Big C Centres & Hubs

Cromer, Thetford, Great Yarmouth, Norwich, King's Lynn and Wells-next-the-Sea (and an outreach at The Pear Tree Centre)

0800 092 7640

big-c.co.uk

North Norfolk Macmillan Cancer Support Centre

01603 641559

Cancer Wellbeing & Support Centre (incl. Macmillan Information Support Service)

The Queen Elizabeth Hospital King's Lynn
01553 214547 / 01553 613985

Macmillan Information and Support Pod

Norfolk & Norwich University Hospital
01603 647717

The Louise Hamilton Centre

James Paget University Hospital
01493 452783

The Pear Tree Centre

Halesworth
01986 899655

Macmillan Cancer Care Navigators

Support for people affected by cancer from diagnosis, throughout treatment and beyond, including signposting to local

James Paget University Hospital

01493 452783

Norfolk & Norwich University Hospitals

01603 647175

The Queen Elizabeth Hospital King's Lynn

01553 214610

Other Cancer Support Services

Macmillan Cancer Support

0808 239 5065

<https://macmillan.org.uk>

NHS Improving Access to Psychological Therapies (IAPT)

0300 123 1503

<https://wellbeingnands.co.uk/norfolk>

For more information visit:
improvinglivesnw.org.uk/cancer

